

101 Book of Mormon Discourses

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###	References	Who?	Notes
PERIOD 1: FROM LEHI'S CALL TILL THEIR ARRIVAL IN THE PROMISED LAND 600-591 B.C.			
1-1	1 Nephi 1:1-24	Nephi ¹	Nephi's account of Lehi's visions and prophecies
1-2	1 Nephi 2:1-24	Nephi ¹	Nephi's account of his family's departure to the wilderness; Nephi's revelations
1-3	1 Nephi 3:1-21	Nephi ¹	Attempts to obtain the brass plates; an angel defends Nephi from his brothers
1-4	1 Nephi 4:1-38	Nephi ¹	The Spirit guides Nephi to slay Laban; he obtains the brass plates
1-5	1 Nephi 5:1-19	Nephi ¹	The brass plates are examined and described; Lehi is a descendant of Joseph
1-6	1 Nephi 6:1-6	Nephi ¹	Nephi's intent is to persuade men to come unto God
1-7	1 Nephi 7:1-17	Nephi ¹	Ishmael's family is persuaded to travel into the wilderness with Lehi's family
1-8	1 Nephi 8:2-25	Nephi ¹	Nephi tells of Lehi's dream of the river and the rod of iron, leading to the tree of life
1-9	1 Nephi 10:1-15	Nephi ¹	Lehi foretells the fall of Jerusalem to Babylon; later the coming of the Messiah
1-10	1 Nephi 10:16-22	Nephi ¹	Nephi's vision of future events, including the apostasy and restoration
1-11	1 Nephi 12:1-21;	Nephi ¹	Nephi foresees the coming of the Messiah, later followed by a great apostasy
	13:1-42; 14:1-30	Nephi ¹	Nephi foresees the coming forth of latter-day scripture, the restoration of the gospel
1-12	1 Nephi 15:1-36	Nephi ¹	Lehi's seed will receive the gospel from gentiles in the last days; gathering
1-13	1 Nephi 16:1-37	Nephi ¹	Lehi's sons marry Ishmael's daughters; they are guided by the Liahona
1-14	1 Nephi 17:1-55	Nephi ¹	Nephi's commanded to build a ship; he's preserved from harm by the power of God
1-15	1 Nephi 18:1-21	Nephi ¹	The boat is finished; Jacob & Joseph are born, they sail to the promised land
1-16	1 Nephi 19:1-24	Nephi ¹	Nephi records his people's history; prophesies the Messiah's coming in 600 years

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PERIOD 2: EVENTS AFTER ARRIVAL IN THE PROMISED LAND 591-421 B.C			
2-1	1 Nephi 22:1-31	Lehi	Israel shall be scattered, nursed by the gentiles with the gospel, gathering them
2-2	2 Nephi 1:1-32;	Lehi	If ye keep the commandments ye shall prosper; cut off if ye don't obey them
	2:1-30; 3:1-25	Lehi	Adam fell that men might be; and men are, that they might have joy. He prophesies
2-3	2 Nephi 4:1-35	Nephi ¹	Lehi dies. Nephi records his testimony of the many blessings he has received
2-4	2 Nephi 5:1-34	Nephi ¹	Nephi leads his followers into the wilderness; he bears a final testimony
2-5	2 Nephi 6:1-18	Jacob	I speak unto you of things which are, and which are to come; the words of Isaiah
2-6	2 Nephi 9:1-54	Jacob	know concerning the covenants the Lord has covenanted with the house of Israel
2-7	2 Nephi 10:1-25; 11:1-8	Jacob	ye are free to act for yourselves—to choose everlasting death or eternal life
2-8	2 Nephi 28:1-32; 29:1-14	Nephi ¹	blessed are those who hearken unto my precepts, for they shall learn wisdom
2-9	2 Nephi 30:1-18;	Nephi ¹	God shall commence his work among all nations, to bring about the restoration
	31:1-21; 32:1-9; 33:1-15	Nephi ¹	receive the Holy Ghost; yea, then cometh the baptism of fire and of the Holy Ghost
2-10	Jacob 1:1-19; 2:1-35;	Jacob	I must tell you the truth according to the plainness of the word of God
	3:1-14; 4:1-18	Jacob	receive the pleasing word of God, and feast upon his love forever
2-11	Jacob 5:1-77	Jacob	the prophet Zenos said: I will liken thee, O Israel, like unto a tame olive-tree
2-12	Jacob 6:1-13	Jacob	enter in at the strait gate, and continue until ye shall obtain eternal life
2-13	Jacob 7:8-23	Jacob	God poured his Spirit into my soul, insomuch that I did confound all his words
2-14	Enos 1:1-11	Enos	Enos, thy sins are forgiven thee, and thou shalt be blessed
PERIOD 3: EARLY NEPHITE RE-SETTLEMENT, CHURCH ACTIVITIES IN THE LAND OF NEPHI 200-160 B.C.			
3-1	Mosiah 9:1-19; 10:1-22	Zeniff	I, even I, in my old age, did go up to battle against the Lamanites
3-2	Mosiah 11:20-25; 12:1-8	Zeniff	Abinadi went forth among them and began to prophesy

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3-3	Mosiah 12:20-37;	Abinadi	wo be unto you for perverting the ways of the Lord! What teach ye this people?
	13:7-35; 15:1-31; 16:1-15	Abinadi	he explains the ten commandments, covenants and the redemption of God
3-4	Mosiah 1:3-16	Benjamin	to his sons: keep the commandments of God, that ye may prosper in the land
3-5	Mosiah 2:9-41; 3:1-27;	Benjamin	open your ears, your hearts, and your minds, that mysteries of God be unfolded
	4:1-30; 5:1-15	Benjamin	we believe in Jesus Christ, the Son of God, who created heaven and earth
3-6	Mosiah 7:18-33	Limhi	put your trust in God, in that God who was the God of Abraham, Isaac, and Jacob
3-7	Mosiah 8:13-18	Ammon	a seer can know of things which are past, and also of things which are to come
3-8	Mosiah 18:7-13, 18-29	Alma ¹	he did preach unto them repentance, and redemption, and faith on the Lord
3-9	Mosiah 26:15-32	Christ	it is I that taketh upon me the sins of the world; for it is I that hath created them

PERIOD 4: ACTIVITIES OF ALMA¹ AND THE SONS OF MOSIAH¹
120-82 B.C.

4-1	Mosiah 27:24-31	Alma ¹	all nations, kindreds, tongues and people, must be born again; yea, born of God
4-2	Mosiah 29:5-36	Mosiah ¹	do that which will make for the peace of this people. Let us appoint judges
4-3	Alma 5:3-62	Alma ²	have ye spiritually been born of God? received his image in your countenances?
4-4	Alma 7:1-27	Alma ²	the Spirit saith if ye are not born again ye cannot inherit the kingdom of heaven
4-5	Alma 9:1-30	Alma ²	except ye repent, ye can in nowise inherit the kingdom of God
4-6	Alma 10:2-27	Amulek	I have seen much of his mysteries and his marvelous power
4-7	Alma 11:21-45	Amulek	he hath said that no unclean thing can inherit the kingdom of heaven
4-8	Alma 12:3-13:30	Alma ²	our words, our thoughts, and all our works will condemn us
4-9	Alma 16:13-21	Alma ²	the coming of the Son of God, his death, and also the resurrection of the dead

PERIOD 5: MISSIONARY ACTIVITIES OF ALMA² AND THE SONS OF MOSIAH²
90-74 B.C.

###	References	Who?	Notes
5-1	Alma 18:14-39	Ammon	he knows all the thoughts of the heart; for by his hand were they all created
5-2	Alma 20:8-27	Ammon	Behold, thou shalt not slay thy son; he has repented of his sins
5-3	Alma 22:2-18	Aaron	he is that Great Spirit, and he created all things both in heaven and in earth
5-4	Alma 24:7-16	Anti-	Anti-Nephi-Lehi: he doth visit us by his angels, the plan of salvation made known
5-5	Alma 26:1-37	Ammon	we will glory in the Lord; we will rejoice, for our joy is full; yea, we will praise God
5-6	Alma 29:1-17	Alma ²	O that I might go forth and speak with the trump of God, and cry repentance
5-7	Alma 30:30-49	Alma ²	To Korihor: This will I give unto thee for a sign, that thou shalt be struck dumb
5-8	Alma 31:24-35	Alma ²	O Lord, my heart is exceedingly sorrowful; wilt thou comfort my soul in Christ
5-9	Alma 32:6-43; 33:1-23	Alma ²	he that truly humbleth, repenteth, and endureth to the end, shall be blessed
5-10	Alma 34:1-41	Amulek	there must be an atonement made, or else all mankind must unavoidably perish
5-11	Alma 36:1-30; 37:1-47	Alma ²	what marvelous light I did behold; yea, my soul was filled with joy
5-12	Alma 38:1-15	Alma ²	never, til I did cry unto Jesus Christ for mercy, did I receive a remission of my sins
5-13	Alma 39:1-19; 40:1-26;	Alma ²	ye cannot hide your crimes from God; they will stand as a testimony against you
	41:1-15; 42:1-31	Alma ²	see that you are merciful; deal justly, judge righteously, and do good continually
PERIOD 6: THE WAR YEARS OF CAPTAIN MORONI¹ AND HELAMAN² 74-62 B.C.			
6-1	Alma 44:1-7, 10-11	Moroni ¹	God will support, and keep, and preserve us, so long as we are faithful unto him
6-2	Alma 45:2-17	Alma ²	Cursed shall be every nation and people, unto destruction, which do wickedly
6-3	Alma 46:11-28	Moroni ¹	In memory of our God, our religion, freedom, our peace, our wives, our children
6-4	Alma 56:2-57,	Helaman ²	I with my two thousand, did surround the Lamanites, and did slay them
	57:1-36; 58:1-41	Helaman ²	those sons of mine, gave them great hopes and much joy (Alma 56:17)

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6-5	Alma 60:1-36	Moroni ¹	the Lord suffereth the righteous to be slain that justice may come upon the wicked
PERIOD 7: EVENTS PRIOR TO THE BIRTH OF THE SAVIOR 45-1 B.C			
	Helaman 5:6-12	Helaman ²	lay up for yourselves a treasure in heaven, yea, which is eternal life
7-2	Helaman 7:13-29;	Nephi ²	O repent ye, repent ye! Why will ye die? Turn ye, turn ye unto the Lord your God
	8:11-28; 9:21-36	Nephi ²	behold, ye have rejected the truth, and rebelled against your holy God
7-3	Helaman 10:4-11; 11:4	Christ	[to Nephi ²] I will make thee mighty in word and in deed, in faith and in works
7-4	Helaman 11:4, 10-16	Nephi ²	O Lord, turn away thine anger, and cause that this famine may cease in this land
7-5	Helaman 13:5-39;	Samuel	I, Samuel, a Lamanite, speak the words of the Lord which he put into my heart
	14:1-31; 15:1-17	Samuel	whosoever shall believe on the Son of God, the same shall have everlasting life
7-6	3 Nephi 1:13-14	Christ	[to Nephi ²] I come unto my own, to fulfil all things which I have made known
PERIOD 8: THE SAVIOR'S MINISTRY TO THE NEPHITES A.D 1-34			
8-1	3 Nephi 9:2-22	Christ	I was with the Father from the beginning. In me hath the Father glorified his name
8-2	3 Nephi 10:3-7	Christ	I will gather you if ye will repent and return unto me with full purpose of heart
8-3	3 Nephi 11:7	God	Behold my Beloved Son, in whom I am well pleased—hear ye him
8-4	3 Nephi 11:10-11, 21-41;	Christ	I give unto you power that ye shall baptize this people when I ascend into heaven
	12:1-48; 13:1-34;	Christ	blessed are the poor in spirit who come unto me, for theirs is kingdom of heaven
	14:1-27; 15:1-24;	Christ	Ask, and it shall be given unto you; seek, and ye shall find; knock, and be opened
	16:1-20; 17:1-25;	Christ	I command you that ye shall write these sayings after I am gone
	18:5-39	Christ	ye must watch and pray always, lest ye be tempted by the devil, and be captive
8-5	3 Nephi 19:15-36;	Christ	Father, I thank thee that thou hast given the Holy Ghost unto these I have chosen

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	20:1-46; 21:1-29;	Christ	they shall believe in me, that I am Jesus Christ, the Son of God, and shall pray
	22:1-17; 23:1-14;	Christ	a commandment: search these things diligently, for great are the words of Isaiah
	24:1-18; 25:1-6; 26:1-5	Christ	he did expound all things, from the beginning until he should come in his glory
8-6	3 Nephi 27:2-33; 28:1-23	Christ	whatsoever ye shall do, ye shall do it in my name
PERIOD 9: WRITINGS OF THE BROTHER OF JARED, ETHER AND MORONI² 450 B.C .			
9-1	Ether 2:9-12	Ether	this land is a land of promise; whatsoever nation shall possess it shall serve God
9-2	Ether 3:2-8	Christ	Because of thy faith thou hast seen that I shall take upon me flesh and blood
9-3	Ether 3:9-16	Christ	this body is the body of my spirit; man have I created after the body of my spirit
9-4	Ether 3:17-28; 4:1-8	Christ	Jesus Christ is Son of God, the Father of the heavens and of the earth, all things
9-5	Ether 4:8-19	Christ	whatsoever thing persuadeth men to do good is of me; for good cometh of me
9-6	Ether 5:1-6	Moroni ²	if they repent and come unto the Father, they shall be received into kingdom of God
9-7	Ether 8:18-26	Moroni ²	whatsoever nation shall uphold such secret combinations, shall be destroyed
9-8	Ether 12:6-41	Moroni ²	I would show unto the world that faith is things which are hoped for and not seen
9-9	Ether 13:1-14	Ether	there began to be a great curse upon all the land because of iniquity of the people
9-10	Moroni 10:1-34	Moroni ²	ask God, the Eternal Father, if these things are not true; he will manifest the truth
PERIOD 10: THE WRITINGS OF MORMON			
10-1	Words of Mormon 1:9	Mormon	I, Mormon, finish my record, according to knowledge which God has given me
10-2	Helaman 3:13-17	Mormon	there are many books and many records, kept chiefly by the Nephites
10-3	Helaman 12:1-26	Mormon	we see that except the Lord doth chasten his people, they will not remember him
10-4	3 Nephi 5:8-26	Mormon	I am a disciple of Jesus Christ, the Son of God, called of him to declare his word
10-5	3 Nephi 10:11-19	Mormon	he that hath the scriptures, let him search them, and see fulfilling of prophecies

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10-6	3 Nephi 26:17-21	Mormon	it came to pass that they did do all things even as Jesus had commanded them
10-7	3 Nephi 28:24-40;	Mormon	wo be unto him that will not hearken unto the words of Jesus
	29:1-9; 30:1-2	Mormon	wo unto him that shall deny, say the Lord no longer worketh by revelation
10-8	4 Nephi 1:1-49	Mormon	Ammaron, being constrained by the Holy Ghost, did hide up the sacred records
10-9	Mormon 1:1-19; 2:1-29;	Mormon	now I, Mormon, make a record of the things which I have both seen and heard
	3:1-22; 4:1-23; 5:1-24;	Mormon	I did cry unto this people, but it was in vain
	6:1-15	Mormon	now I finish my record concerning the destruction of my people, the Nephites
10-10	Mormon 6:16-22	Mormon	O that ye had repented before this great destruction had come upon you
10-11	Mormon 7:1-10	Mormon	Know ye that ye must come to the knowledge of your fathers, and repent your sins
10-12	Moroni 8:1-30	Moroni	Behold I, Moroni, do finish the record of my father, Mormon
10-13	Moroni 9:1-26	Moroni	he that believeth and is baptized shall be saved; he believeth not shall be damned
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